



## **Teacher Certification Program (TCP)**

**Salt Pond Yoga Teacher Training follows the guidelines established by Yoga Alliance for 200-hour teacher certification.**



### **MEETS YOGA ALLIANCE STANDARDS.**

At the completion of the training you will be certified by Philip Urso/Salt Pond Yoga and be able to register with the Yoga Alliance at the 200-hour level.

### **Tuition 2008-2009: \$3,000**

Payment in full due by October 1, 2008 unless other arrangements have been made. \$500 discount if paid in full (\$2400) prior to September 1, 2008. Scholarships available.

### **Tuition includes:**

All classes at Salt Pond Yoga over the course of the training

All workshops

All books on reading list

## **APPLICATION CHECKLIST**

Please place a checkmark next to each item to confirm that it is included with application.

Current resume or bio.

Answers to required questions on a separate sheet of paper.

\$100.00 application fee.

Current picture (5x7 or 4x6).

Send completed application and materials to:

***Philip Urso***

***5740 Post Road, Charlestown, RI 02813***

## **QUESTIONS:**

On a separate sheet of paper please type the answers to the following questions:

1. Describe your yoga practice:
2. How long have you been practicing?
3. Who have been your most influential teachers and why?
4. List any trainings, intensives or retreats attended.
5. What style(s) of yoga do you practice?
6. How often and how long do you practice?
7. Why do you want to be a certified yoga teacher?
8. What interests you in the Salt Pond Yoga teacher training program?
9. Are you currently teaching yoga? If so, where and what style of yoga do you teach?
10. What does yoga mean to you? Describe how your life has been impacted by practicing yoga.
11. What do you hope to gain and/or learn? What are your expectations for this training?
12. Do you have any prior or current mental or physical problems or limitations that may affect your ability to teach yoga?
13. Can you meet the scheduling requirements?
14. Are there any special accommodations or needs that would enable you to perform to the best of your ability?
15. Tell us about your hobbies, interests, other exercise practices, community service, etc.
16. How did you hear about the training?
17. Please include: name, emergency contact, address, city/state, zip, day/night phone, cell phone, and e-mail address.

## **Admission Requirements:**

- At least 18 years of age.
- High school diploma or its equivalent.
- \$100.00 non-refundable application fee.
- Complete application for admission.
- Practiced yoga for at least one year.
- Complete admission interview if requested by scheduling an appointment with the school director.

Application to the program does not guarantee acceptance. Candidates are evaluated for academic and physical ability, personal character, motivation and ability to meet financial and schedule obligations for tuition.

Notification of admission will be by letter

## **Certification and Registration**

Our yoga teacher certification is designed to fulfill the requirements necessary to become a Yoga Alliance (RYT) Registered Yoga Teacher. Following graduation, students will be assisted in completing applications for registration.

### Grading Scale

The following grades are given for work completed at SPY:

Excellent 93-100% = A

Very Good 85-92% = B

Satisfactory 75-84% = C

Unsatisfactory Below 75% = F

To graduate, a student must complete all requirements with a cumulative grade of 75% or above. Grading criteria includes: class participation, exams, hands-on techniques, written and practical assignments, homework, special extra credit projects, attendance and timely completion of all assignments. Grades will be given after each test, quiz and practical exam. Students who are not meeting the standards of practical experience will be notified and will meet with the director to explore methods of improving performance.

Students are required to make up all class hours missed, both excused and unexcused, by making arrangements with the director. Make up class fees are \$45 per hour.

### **Probation, Dismissal, and Re-admittance**

Students who have an average grade below C or 75% will be considered to be on academic probation. Student may submit an additional essay assigned by the director to be lifted from probation. Students who are on academic probation and continue to fail one more month will be dismissed from the program.

### **Student's Records**

Student records will be kept for a period of seven years. Records are accessible to students by appointments only. The school maintains confidentiality by keeping records locked. Students may obtain transcripts by sending \$10.00 with a request in writing. Any student who is dismissed may not reapply for one year. Following one year, students may reapply for the next term. Fees will apply.

### **Student Conduct**

Students are required to follow all school rules and procedures. Students will be expected to behave in a professional manner at all times. Standards of conduct policies include, but are not limited to:

No sexual harassment of any type or form will be allowed.

No substance use or abuse during school hours will be accepted.

No smoking allowed on school property.

No breach of confidentiality will be tolerated.

Professional appearance and personal hygiene will be maintained at high standards. Failure to comply with the standards of conduct will be handled by the director. Failure to comply will lead to the following ramifications: Conduct warning, or dismissal.

### **Leaves of Absence**

Due to medical disability, a leave of absence will be granted. In the event of a leave of absence, the student will have to reapply for the next available session and pay the difference, if any, of any remaining tuition.

### **Attendance and Tardiness**

One hundred percent attendance is required. Any missed hours will have to be made up before graduation. All hours must be documented accurately. If the instructor must spend extra time with the

student to make up information missed, the student will be assessed a \$45.00 per hour fee due at time of make up. Students who fail to keep make up times and/or who fail to pay the fee will be dismissed.

Tardiness will not be tolerated and will result in dismissal. All classes will start on time and students are expected to be present and ready to participate at the appointed starting time.

Students are expected to notify school if they intend to withdraw from the program. Any student who fails to attend a weekend intensive without communication is assumed withdrawn.

Cancellation of classes due to weather may occur. It is the student's responsibility to call the school to find out if class has been cancelled. Additional Saturdays, or weekends would be added near the end of the program if a cancellation was necessary.

### **Student Complaints**

Each month, time will be allotted to discuss any concerns they may have regarding the program. Complaints may be presented to the director, at which time it may be decided to meet to address the issue. Final decision will be made by the director.

### **Tuition, Fees and Refunds**

Application Registration Fee:  
\$100.00 nonrefundable fee due at time of application.

Discount Payment \$2400 (does not include application fee):  
Payment in full prior to September 1, 2008. (Savings of \$500)

Regular Payment \$2900 (does not include application fee):  
Due October 1, 2008.

All fees are payable by cash, personal check or credit card.

### **Incidental Administration Charges:**

Application Fee \$100

Transcript Request \$10

Check Return (NSF) \$25

Practical Retake \$45

Make up Sessions \$45/hr.

The application fee of \$100.00 is nonrefundable except in the case of denial acceptance.

The student will receive a full refund if they cancel within three business days before classes begin.

The student, who withdraws after beginning instruction, but prior to 60% of course completion, shall receive a pro-rated refund based upon program length.

No refunds will be made after 60% of the program is complete.

Students will receive their refund within 40 days after dismissal or notification or withdrawal.

Limited Financial aid is unavailable at this time.

## **Thank You**

Thank you for your interest in the Salt Pond Yoga Teacher Training School. We look forward to providing you a transformational experience. We will be constantly improving as we evaluate our programs with input from our students. We hope you join us for the beginning of this exciting journey! Feel free to contact us with any questions you have about our program.